Physical Restraint and Seclusion Policy

1370 | Physical Restraint and Seclusion Policy

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The Board of Education intends to maintain a safe, secure and respectful environment for students and staff. The Board recognizes its responsibility to work with students in a manner which is similar to that of a kind, firm, and judicious parent. Positive and least restrictive approaches in the provision of student supports are considered best practice. Respect for student rights, maintaining student dignity and the safety of all involved is paramount.

It is expected that school personnel will implement positive behaviour supports and interventions, behaviour plans, emergency or safety plans, and other plans to prevent and de-escalate potentially unsafe situations. It is expected that parents, and where appropriate, students are offered opportunities to be consulted in the development of positive behaviour supports and interventions, behaviour plans, and emergency or safety plans.

Physical restraint and seclusion are used as a last resort in exceptional circumstances where the behaviour of a student poses imminent danger of serious physical harm to self or others, and where less restrictive interventions have been ineffective in ending imminent danger or serious physical harm. When physical restraint or seclusion are used it will be with the least amount of force and in the least restrictive way, and in proportion to the level of risk behaviour. Physical restraint or seclusion are never conducted in a manner that could, in any way, cause harm to a student. Restraint or seclusion is discontinued once imminent danger of serious physical harm to self and/or others has dissipated.