Physical Restraint and Seclusion Policy

1370 | Physical Restraint and Seclusion Policy

Date Approved: May 14 2019
Date Amended: November 09 2021

The Board of Education intends to maintain a safe, secure and respectful environment for students and staff. The Board recognizes its responsibility to work with students in a manner which is similar to a kind, firm, and judicious parent. Positive and least restrictive approaches in the provision of student supports are considered best practice. The overriding goals of this policy are:

1. respect for student rights;
2. maintaining student dignity; and
3. the safety of all involved.

It is expected that school personnel will implement positive behaviour supports and interventions, behaviour plans, emergency or safety plans, and other plans to prevent and de-escalate potentially unsafe situations. It is expected that parents and, where appropriate, students, are consulted in the development of positive behaviour supports and interventions, behaviour plans, and emergency or safety plans.

These supports, interventions and plans are intended to minimize the risk that a student will pose imminent danger of serious physical harm to self or others. If they are not successful, and the student poses an imminent danger of serious physical harm to self or others, physical restraint and seclusion are used as a last resort.

When physical restraint or seclusion are used it will be with the least amount of force and in the least restrictive way, and in proportion to the danger of the behaviour. Physical restraint or seclusion are never conducted in a manner that could, in any way, cause harm to a student. Restraint or seclusion is discontinued once the imminent danger has passed.

Related Policies and Regulations:

1370-10 Physical Restraint and Seclusion Regulation